



# Palatine Township Senior Citizens Council

Recreation • Connections • Social Services

Serving the 50+ community for over 50 years

505 S Quentin Rd, Palatine, IL 60067  
847-991-1112

# The Happenings

**NEW look, SAME great information!**

A quarterly publication to keep you informed about what's happening at the Palatine Township Senior Center.

**January - March 2024**

**Serving 50+ Active Adults for over 50 YEARS!**



Diane Lancour  
Executive  
Director

## ***"Direct"ly from Diane...***

Happy 2024! What an incredible year we had in 2023 celebrating 50 years of service in the community. Thank you so much for being part of those events. We enjoyed music, food and fellowship. The events brought new people to our center and helped increase the PTSCC membership from 307 in 2022 to currently 387.

We strive to continue the fun into the winter months. Join us inside for a game, an activity, lunch, or a craft, and warm your spirits with fellowship and a warm drink.

Our goal here at PTSCC is to give you the tools to stay independent and engaged in the community. Call for an appointment and let us help you with Medicare Part D, Social Security, and other benefits. Or stop in to get connected with a social group or club such as our Bereavement Group, Caregivers Support Group, Book Club, Bunco, or Social Poker. PTSCC continues to be here for you.

Have a wonderful Holiday Season with friends and family and we hope to see you soon!

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## ***Front Page News....***

### **2024 Tax Return Season appointments**

Please contact the Main Office after January 17, 2024. Appointments will be offered Tuesday afternoons & Friday mornings. Starting Friday, February 2 through Friday, April 12, 2024.

The appointments are handled by trained AARP Tax counselors.

*A donation to PTSCC for their support of offering the use of the building for this program will be appreciated.*

### **Business hours:**

Monday—Friday

8:30am—5:00pm

**ENTER AT THE BACK DOOR #2.**

**PLEASE RING THE  
DOORBELL IF THE  
DOOR IS LOCKED  
AND SOMEONE WILL  
ASSIST YOU.**



***Our Mission...*** To provide programs and services which support older adults and their families by encouraging independence, well-being and connection to the community.

Palatine Township Senior Citizens Council does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions. Grievance procedures are available through the Executive Director for any individual who believes he or she has been discriminated against in programs and services.

If you feel that you have been discriminated against, you have the right to file a complaint. For information, contact Diane Lancour at 847.991.1112.



## WEEKLY ACTIVITIES

**Participation Criteria for Center Activities:** Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.

### Monday

9:00am - 9:45am **Chair Yoga:** \$3 Mem, \$5 Non-mem *Combination of movement & breathing*  
 12:00pm - 3:00pm **Mah Jongg:** Card cost: \$0 Mem, \$2 Non-mem

### Tuesday

10:00am-12:30pm **Bridge,** Card cost: \$0 Mem, \$1 Non-Mem  
 10:30am-12:30pm **Social Poker:** \$0 Mem, \$1 Non-Mem

### Wednesday

8:30am-10:30am **T.O.P.S.** Includes weigh-in and meeting *Contact Nancy T. for info 847-525-6410*  
 11:00am - 3:00pm **Pinochle:** \$0 Mem, \$2 Non-mem  
 9:30am - 11:30am **Latino Social Group:** \$0 Mem, \$1 Non-mem  
 12:00pm - 3:00pm **Mah Jongg:** \$0 Mem, \$2 Non-Mem  
 1:00pm - 2:30pm **Crocheting: Free**

### Thursday

10:00am -12:00pm **Technology Lab:** \$5  
 10:00am -10:45am **Chair Yoga:** \$3 Mem, \$5 Non-mem  
 9:30am -11:30am **Ceramics:** \$5 Mem, \$7 Non-mem  
 12:00pm - 2:00pm **Bingo:** \$1 a card for Mem, \$1 a card for Non-mem + \$1 flat fee  
 2:30pm - 3:30pm **Tai Chi:** \$5 Mem, \$7 Non-mem *Increases flexibility, breathing & balance.*

### Everyday

**Billiards Room & Fitness Room available daily from 9:00am—3:00pm. Call for availability.**



**Do you need transportation to and from the center?  
 Contact the Palatine Township 847-358-6907, \$2 a ride**

Monday - Friday 8:00am - 4:00pm  
 Disabled or senior (60+) / Call 2-14 days in advance  
 Palatine Township or destinations up to 15 miles outside of township &  
 scheduled trips to various shopping centers.



## BI-MONTHLY ACTIVITIES

### Paper Crafts and Scrapbooking Open Sessions: \$0 Mem, \$3 Non-mem

2nd & 4th Tuesdays of each month 10:00am—1:30am, Art Room, lower level  
This is a great time to work on your own to create a variety of paper creations: cards, invitations, decorations, or scrapbook pages.

Supplies will be provided. Need an idea? Come by and browse what is available. Lots of ideas to copy or use as a base for your own creativity.

Work on your own projects in the company of other paper crafters.

Come for the entire time or when you can!



### Bunco

2nd Tuesday of each month, 1:00pm

Bunco is a fun and easy game to learn and play—join us!

Email Diane if you are interested: dlancour@ptscc.org

or call the Main Office 847-991-1112



## MONTHLY ACTIVITIES

### Casual Coffee & Conversation Bereavement Group

**2 meetings:** Last Monday of each month is a Bereavement Facilitated Group AND 3rd Friday of each month is group lead, sharing & conversation 11:00am—12:00pm

Call for details & to reserve a spot. 847-991-1112



### Book Club

Next meeting: January 17th, 2024. 3rd Wednesday of each month, 10:00am

The group discusses the current book & picks the next book as a group.

Call for the current book. 847-991-1112



## NEW ACTIVITY!

### Mah Jongg Lessons

4 lessons: April 15, 22, 29 and May 6 1:00pm—3:00pm Maximum of 8 people

Preregister in the office by April 7, \$55 for the (4) lessons plus \$15 for a card

Randy Thrasher is offering lessons to learn the game of MahJongg. Plan to attend all 4 lessons.



### Mexican Canasta

1st Wednesday of each month, No charge

Please call to register, join the group, and learn the game.



## DRUM CIRCLE

### Drum Circle

Tuesday, February 13, 2024 3:00pm—4:00pm

Join entire group as Nancy Frenk leads the percussion instruments in a drum circle.

No musical experience needed. Donations appreciated.





## TRAVELING LUNCH



This is an excellent opportunity to try a new restaurant with friends! Approximately 20 friends meet the **2nd Friday of each month at 11:30am**. Any members are always welcome! **RSVP to PTSCC at 847-991-1112** by the prior Wednesday so we can include you in the count. We'll make the reservation, payment is on your own.

### Friday, January 12 - Brunch Cafe

20393 Rand Rd, Kildeer 847-847-7120

### Friday, February 9 - Southern Belle

210 S Cook St at Station St, Barrington 847-387-4290

### Friday, March 8 - Rep's

3200 Kirchoff Rd, Rolling Meadows 224-347-2916

### Friday, April 12 - Longhorn Steak House

1901 E Golf Rd., Schaumburg 847-995-0107

**JOIN US!**

## THEMED LUNCHEONS

### Mark Your Calendars!

Come join us for a themed luncheon each month to celebrate and enjoy each other's company. Call to register at least 4 days prior to the lunch. Pre-payment needed.

Members (\$10) and Non-members (\$12) welcome. 10:30am - 12:00pm See you there!



### **Happy Holidays!** Thursday, December 21, 2023

Enjoy a wonderful holiday ham meal with all the sides, dessert, and hot chocolate. We'll have holiday music by Jack Miuccio. Sponsored by Oak Street Health.



### **Happy New Year!** Wednesday, January 10, 2024

Pizza Bella will cater a luncheon of stuffed shells and salad—a center favorite! Take in the sights and stories from Joan Morrone about her recent African safari and share in her vast knowledge of some of the world's most beautiful animals!



### **Mardi Gras!** Monday, February 12, 2024

Enjoy a New Orleans lunch and of course Paczkis! We'll have entertainment for such a fun occasion!



### **St. Patrick's Day!** Thursday, March 14, 2024

Nothing but a real Irish meal of Corned Beef and Green River! We'll also be "lucky" to learn about the very important topic of Wills and Trusts from Corporate Member, Lavelle Law.



### **ANNUAL MEETING** Tuesday, April 23, 2024

See page 5 for all the details. Please join us as we vote on the new Board, talk about ideas, and enjoy entertainment by Jeff Dewbray, and have a delicious meal!



**Please remember to call to register!**





## 2024 MEMBERSHIPS



**GREAT NEWS! Full year membership will start March 2024!**

**Current members will receive their renewal letter Mid-January.**

**Due date: February 10th.**

**Membership: March 2024 - February 2025 (same as PTSCC fiscal year)  
\$55 singles, \$85 couples**

### **Your PTSCC membership gives you:**

*Discounts on trips and activities / First chance at registration / Exclusive use of the billiards and fitness rooms.*

**Non-members are welcome to participate in trips, events & activities at an extra fee.**

Those who participate in the programs must be able to address their own personal needs.

Those with special needs are welcome to participate but must be accompanied by someone qualified to assist them.

*"New perk for PTSCC And Rolling Meadows Senior Center members: When you join one of the two senior centers, you can take your receipt to the other center and receive a \$5 discount on the other center's membership. For the PTSCC memberships which will start March 1, 2024, only the full year memberships will offer the \$5 discount. For Rolling Meadows Senior Center membership that would start May 1, 2024. We are thankful to partnership with Rolling Meadows and to encourage participation at both Centers."*

## ANNUAL MEETING



**Join us for the Annual Meeting: Tuesday, April 23, 2024 12:00pm**

Meet the new 2024 Board and vote them into office.

Come and ask questions and give suggestions.

Stay for FREE entertainment by Jeff Dewbray.

*If you'd like, you can order a delicious lunch of 2 tacos, chips, beverage & cookie for only \$6, Please pre-register in the Main Office by Friday, April 19.*

*Otherwise, please join us for the meeting and entertainment for free.*

## 2024 PTSCC Co-Ed GOLF LEAGUE



We had a great 2023 season with a total of 48 players, including substitutes.

We look forward to another great season in 2024! We have a wonderful volunteer team to help handle tee times, scores & more. If you would like to join the league please email Diane at [dlancour@ptsc.org](mailto:dlancour@ptsc.org) for the 2024 registration form after January 20, 2024. We hope you will consider joining us.

Thank you, Diane

## YEARLONG RAFFLE WINNERS

### **September 2023**

\$100 Stanley Korczynski  
\$50 Terrence Hayden  
\$25 Mary Stetler

### **October 2023**

\$100 Gerald Huber  
\$50 Becky Gibbons  
\$25 Edward Goaden

### **November 2023**

\$100 Donna Kosarzecki  
\$50 Beth Leopold  
\$25 Christie Fassett

*Congratulations!*



## WELLNESS



### **Blood Pressure Reading, 11:30am-12:30pm**

Visit Rose, a nurse from Northwest Community Healthcare to get your blood pressure taken and "Ask the Nurse" any health questions.

***Not available in December or January***

***Mondays: February 5, March 4, April 1***



### **Dr. Dan Parise**

Our new podiatrist, Dr. Dan Parise, will be here at the Center once a month. New patient registration forms and proof of insurance are required before scheduling an appointment.

***Tuesdays: January 2, January 30, March 5, April 2***

## LIFELONG LEARNING



### **AARP Driving Class (2 days) 9:00am-1:00pm each day**

Each class size is limited to the first 18 students who register

Dates: Monday, December 11 & December 12, 2024 Register ASAP  
Monday;

Check our website or call for updates.

Price: \$20 AARP members / \$25 Non-members\*

*\*If you have an AARP United Health Care Supplement Plan, please bring your insurance card with you on Monday, and there will be no charge for class. The insurance card and person taking the class must be the same.*



### **Rules of the Road**

Each class size is limited to the first 18 students who register, please register ASAP

Dates: **TENTATIVE:** Thursday, January 25, 2024 10:00am -12:00pm

Price: Free

## HOME DELIVERED MEALS PROGRAM



Are you having a hard time getting out?

Would having a nutritious meal delivered to you daily be helpful?

Please call Guiselle at x 227 to get more details and see if you might qualify for our Home Delivered Meals program.

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award with 100% funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by the ACL/HHS or the U.S. Government.

### **Home Delivered Meals DRIVERS:**

Mary Tarbit was very active with the Home Delivered Meals program for many years. She helped in the café and delivered meals until she was about 92 years old. In the Fall, Mary would host a special Thank You Lunch for the PTSCC HDM drivers. In her memory, her daughter, Ginny, will be "paying it forward" by donating funds to PTSCC to continue the annual tradition. *If you are a driver, we will be in touch regarding this special lunch.*





## THANK YOU!

### Memberships

During this time of membership renewal we want to say thank you for your additional donations. As Martin Luther King Jr. said,:

*"Life's persistent and most urgent question is, 'What are you doing for each other?' "*

We see your extra donation as a positive reflection of how well we are supporting your needs. We are grateful to be here for you & thank you for your thoughtfulness.



### Membership perk with Rolling Meadows Senior Center



New perk for PTSCC And Rolling Meadows Senior Center members!

If you join one of the two Centers, you can take your receipt to the other Center and receive a \$5 discount on the other Center's membership. Offer valid for:

PTSCC's membership year that will start March 1, 2024 (Only the full year memberships will offer the \$5 discount) and for Rolling Meadows Senior Center's membership that would start May 1, 2024

We are thankful to partnership with Rolling Meadows and to encourage participation at both Centers!

## BRING A FRIEND...GIFT FOR YOU

### **BRING A FRIEND!**



Bring a first-time non-member friend to an activity or luncheon and they will receive \$5 off. As a thank you you'll receive a \$5 coupon to use for a future activity or luncheon.

(Sorry, it's not valid toward a trip.) **Thank you!!**

## THANK YOU AMY!

Have you seen this lady on Tuesdays around the center and wondered who she is? Her name is Amy, and has been volunteering here for the last year. Her background is in Interior Design and has the skill to look at a space and visualize how it could be used most efficiently. She has helped us organize areas that really needed it, and has beautified many areas to make the center more welcoming and professional. We are grateful for her time, energy and talents! Thank you, Amy!

### **Many areas she's improved through organization and beautification:**

The Main Office  
Art Room  
Library area  
Dance Room  
Multipurpose Room  
Large Activity Room  
Lobby  
Café  
Outdoor Rooftop area  
Closets and storage rooms  
And created a conference room for the staff





## OVERNIGHT & DAY TRIP INFORMATION

**As we continue wrapping up 2023 & move into 2024, we will create new and exciting trips for you to enjoy. Our goal is to continue to keep everyone safe, so please see the guidelines for each trip. We ask that you sign an emergency waiver & provide contact information.**

- Please check in at Door #2 when attending a trip leaving from PTSCC.
- We frequently co-op with the Dundee Senior Center on programs. In order to better manage our trips, if you register at PTSCC and want to take the bus from Dundee, you must also be a member there & vice versa. This arrangement will help us provide the best possible service. Thank you for your cooperation and understanding.
- **Cancellation Policy:** Once we have made initial and final payments for any trip (transportation, tickets, meals), we cannot refund your money. Any cancellation could be subject to a \$25 Administration Fee. We apologize for any inconvenience.
- **Basic Trip & Center Guidelines:** There is a set of guidelines outlining the Code of Conduct for each Center Activity & Trip. These guidelines are also posted on many Center bulletin boards and are part of the PTSCC Membership Booklet. The Code of Conduct was established so everyone can enjoy the activities. Thank you for participating and being respectful of yourself, others in the group, and the space around you.
- **Participation Criteria (Center Activities and Trips):** Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.

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***PLEASE NOTE: PTSCC has been offering overnight trips for over 15 years. We welcome people to participate in the trip program with the understanding that these overnight trips are designed for a group. As an individual your responsibility is to come prepared & healthy. There is an emergency procedure waiver for each participant to sign and acknowledge their own responsibility on the trip & if you become ill or have an incident you will have the tools to care for yourself, as the trip with the group continues. If you have any questions or concerns please call Diane at 847.991.1112 x235***

## TRIP REGISTRATION

- **MEMBERS** may register in person starting 9:00am Thursday, DECEMBER 14, 2024 or by phone at 12:00pm the same day for Trips listed in this Happenings edition, January - March 2024.
- Pay by credit card, cash, or check at the time of registration.
- **NON-MEMBERS** may register by phone or in person for trips starting Monday, DECEMBER 18, 2024 following member registration.





## DAY TRIPS



### *A note from Barb.....*

2023 proved to be a fantastic year of theatre and new adventures. We continue to expand the overnight trips and check out new and unique locations. Come experience Charleston with us for 2024, and take in the music of Branson. Look for details in the 2024 happening booklets. See you there!



### **Mystery trip: "If I Could Turn Back Time Mystery Trip"**

**Date: Wed. Jan. 17, 2024**

**Deadline: Friday Dec. 8, 2023.**

**Cost: \$80 M/ \$88 NM**

**9:15am - 5:30pm**

**Moderate walking**

We will start our day on a High note. I hope we are not too late pulling into the station for lunch. Do you remember Bruce Wayne? Join us for a fun-filled day!



**DRURY LANE THEATRE**

### **Fiddler on the Roof, Drury Lane, Oakbrook**

**Date: Wednesday, Feb. 7, 2024**

**Deadline: Friday, Jan. 5, 2024**

**Cost: \$90 M/\$98 NM**

**12:15pm - 5:00pm**

**Light Walking**

Set in the little village of Anatevka, the story of Tevye and his five daughters has been touching audiences worldwide with its humor, warmth and honesty for generations. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill them with traditional values in the face of political and social change in Czarist Russia. Due to the timing of the show, no lunch is included in this trip. Please consider brown bagging a lunch to eat on the bus. Snacks provided



**PARAMOUNT  
THEATRE**

### **Billy Elliot, Paramount, Aurora**

**Date: Wednesday Feb. 28, 2024**

**Deadline: Friday, Jan. 12, 2024**

**Cost \$95 M/\$103 NM**

**9:45am - 6:00pm**

**Light Walking**

The music of Elton John brings to life the story of Billy Elliot, an 11-year-old English boy who stumbles upon a ballet class during his weekly boxing lesson. His surprise love for dance must be hidden at all costs, especially from his coal miner father. Billy Elliot is a coming-of-age story that inspires us all to do what you love no matter what other people think. BE TRUE TO YOU. Lunch will be at Fireside Grille in Sugar Grove. Lunch choices include Sauteed Tilapia, 10-ounce Broasted Pork Chop, Mediterranean Pasta or 1/4 Rack BBQ Baby Back Ribs.

**Halim  
Time &  
Glass  
Museum**

### **Halim Time and Glass Museum & Charles Dawes Museum**

**Date: Tuesday, March 19, 2024**

**Deadline: Friday, Feb. 9, 2023**

**Cost: \$89 M/\$97 NM**

**9:00am-3:15pm**

**Medium Walking**

The Halim Time and Glass Museum is a world- collection of historic timepieces, stained glass windows, and other decorative art. Charles Dawes was a Nobel Peace Prize winner (and former vice-president) who donated his mansion to serve as the Evanston Historical Society. We will tour both locations, one in the morning and one in the afternoon with lunch at a restaurant in Evanston in between the tours. Food choices are half soup or salad and half sandwich combo with a dessert and n/a beverage. (Chicken Tortilla Soup or Side Salad, Sandwich choice : Turkey Reuben / Corned Beef Reuben / Grown-Up Grilled Cheese ).



## DAY TRIPS

### UNDERGROUND RAILROAD

#### Underground Railroad Tour, Ottawa

**Date: Wednesday April 3, 2024**

**Deadline: Friday, March 1, 2024**

**Cost \$80 M/\$88 NM**

**7:30am - 4:00pm**

**Medium Walking**

Explore Ottawa's rich history of the Underground Railroad on this fascinating tour. A tour guide will join us on the bus as we discover how Ottawa played a crucial role in helping possibly thousands of slaves find their way to freedom in Canada through this network of secret routes and safe houses.

Learn about the ingenious use of the Illinois & Michigan Canal in transporting slaves and the dangerous journeys they made on foot by the cover of night. You will also delve into the only pre-Civil War court documentation of a trial regarding the Fugitive Slave Law, the Federal Court Case of John Hossack & James and Joseph Stout. You will also hear about the local Sundown Towns and Ottawa's inclusion in The Green Book, the African American Travel Book. Meet former slaves who risked everything to escape the tyranny of slavery and chose to make Ottawa their home. This insightful tour lasts approximately 2 hours. Lunch at Red Dog Grill is included. Meal choices will be chosen at a later date.



#### Old Joliet Prison Tour and Lunch

**Date: Tuesday April 16, 2024**

**Deadline: Friday, March 8, 2024**

**Cost \$65 M/\$73 NM**

**8:45am - 2:15pm**

**Medium Walking**

This is a 90-minute walking tour of the Old Joliet Prison led by docents and trained tour guides from the Joliet Area Historical Museum. This tour talks about the general history of the site from when it was first opened in 1858 till its closure in 2002. This historic tour is a great introduction to the Prison and its history. This tour takes you into the East and West Cell Houses, North Segregation, Cafeteria (inmate dining room) and the Chapel. Lunch will be on your own at Joliet Route 66 Diner after the Old Joliet Prison tour.



#### Chicago Multi-Cultural Tour

**Date: Monday April 29, 2024**

**Deadline: Friday, March 1, 2024**

**Cost \$117 M/\$125 NM**

**9:30am - 4:30pm**

**Light Walking**

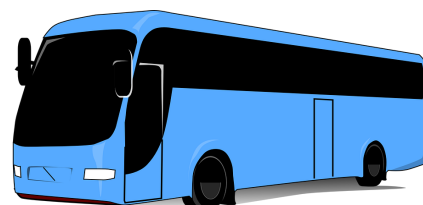
You are in for a treat (several of them, in fact!) as we embark on a culinary adventure and tour different neighborhoods and cuisines of the Windy City. Our cultural diversity sets Chicago apart from many other U.S. cities and nowhere is that more evident than our food. Bring your appetite! We start the day in Chinatown, a rich and vibrant neighborhood steeped in tradition. While here, you will enjoy your favorite appetizers at one of our favorite restaurants! Time permitting; you may also stroll along the main street to take in the sights and sounds of Chinatown! Next up is a stop in the quaint neighborhood of Little Italy. Immerse yourself in the exquisite aromas and multi-layered flavors of Italy as you enjoy a savory sampling of some traditional favorites! Our day concludes in Greek town, one of Chicago's most recognizable neighborhoods. Fanciful dessert and authentic flaming cheese (Saganaki) await as you are transported to the Mediterranean. Opa!

Watch for these 2024 Day Trips in Future Happenings!

May: Navy Pier and Tall Ships

June: Bison Ranch

July: Odyssey Cruise





## 2024 OVERNIGHT TRIPS



### Dubuque Winter Overnight:

**Q-Casino / Mississippi River Museum, Dubuque, Iowa**

**Dates: Tuesday, February 20 - Wed., February 21, 2024**

**Cost: \$225 PP Double or \$275 PP Single / +\$25 NonMembers**

**Deadline: Friday, January 12, 2024**

**Medium Walking**

#### Highlights of the trip:

Day 1—One night stay at the beautiful Hilton Garden Inn at Q-Casino for some fun and gambling. Offering free play and food discount voucher for on your own. On our way we will have a lovely lunch at a winery (included) and then get to the hotel to enjoy the amenities.

Day 2—Included private breakfast buffet at casino after which we will be going to the Mississippi River Museum to learn everything you need to know about the Mighty Mississippi. It's flora and fauna and history of Dubuque. Enjoy lunch on your own at their on site café overlooking the river. And look for Eagles, it is the Mississippi!



### Charleston, through Diamond Tours.

**Dates: Sunday, May 5 - Saturday, May 11, 2024**

**Cost: \$1065 PP Double or \$1410 PP single / + \$25 NonMembers**

**Deadline: Monday, March 11, 2024**

**Moderate Walking**

This trip includes some incredible sights of the south: Historic Charleston City Market, Historic Home and Plantation, a cruise in the Harbor and much more. You will stay at a hotel en route on the way down and on the way back from this historic town. The trip includes 6 breakfast and 4 dinners, plus 4 consecutive nights in the Charleston area. Join us for this incredible adventure and discover Charleston, some southern history and hospitality.



### Branson Shows, through Diamond Tours

**Monday, November 4 – Saturday, November 9, 2024**

**Cost: \$899 PP Double or \$1078 PP Single / + \$25 NonMembers**

**\$75 deposit due at registration.**

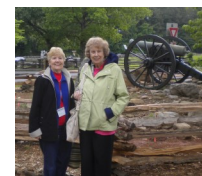
**Deadline: Friday, July 19, 2024**

**Medium Walking**

This Diamond tour trip includes the following 6 shows (always subject to change by venue): The Miracle of Christmas, Dalena Ditto's Country Evolution, Yakov Smirnoff, A Neil Diamond Tribute, The Haygoods Christmas Show, Doug Gabriel Morning Show. You will visit Historic Downtown Branson and enjoy some time at the Branson Landing. You will have 5 nights lodging, 3 nights in Branson. There will be 5 breakfast and 3 dinners included. Come enjoy the fun and music this holiday season, bring a friend.

### *Thank you for the continued donation in memory of Lilian Haass by her daughter Janet.*

Over the past couple years PTSCC has been able to offer overnight trips at a reasonable fee because of a scholarship provided in memory of Lilian Haass. We are thankful for the thoughtful donation by her daughter and to be able to pass on the discount to our overnight trip participants. There are several pictures of the many adventures Lilian enjoyed when she traveled with PTSCC.





## SOCIAL SERVICES



Nancy Frenk  
Director of  
Social Services

### ***A Note from Nancy***

The Social Services team is happy to assist you with your needs such as providing information and resources, caregiver support, Medicare counseling, referrals,

and benefits eligibility screening. Please note we meet by appointment only. We can help you apply for assistance programs that may help with utility expenses, grocery costs, license plate sticker discounts and more.

**Call to schedule your appointment with any of the Social Services staff at 847-991-1112.**

**We look forward to serving you!**



Nancy Frenk, MA – Director of Social Services  
Diane McFadden, MSW, LSW - ADS Coordinator  
Adrianna Daniel—Social Services Rep Latino Liaison  
Sasha Baru—Eastern European Liaison  
Peg Schuetz, MA- Social Service Representative  
\*\*Bonnie Sargent –Social Service Representative

### *Welcome*



*\*\*We are pleased to welcome Bonnie Sargent, Social Service Representative, to the Social Services Team. Bonnie joins us with a history of related Social Services experience and a love for working with older adults. She looks forward to meeting new clients. Please welcome Bonnie.*

## ADULT DAY SERVICES



Diane McFadden  
ADS Coordinator

### **CARING HEARTS ADULT DAY SERVICES**

The Caring Hearts Adult Day Program, in operation since 1991, is an interactive small group for older adults with mild-to-moderate Alzheimer's disease or dementia. If you are caring for someone with dementia, your loved one may benefit. Group members maintain their independence and stay active by making new friends, socializing, and participating in a variety of fun activities.

Activities stimulate the participants mentally, physically and socially. Your loved one will be involved in structured, supervised and engaging activities, while you get a respite from your caregiving responsibilities.

The program is open to residents from all communities. Transportation is available to Palatine Township residents through the Palatine Township Transportation services.

Available Mondays, Tuesdays, & Wednesdays, 11am – 3pm. We continue to follow guidelines from the IDPH. For more information or to arrange a tour, call Nancy Frenk at 847.991.1112, x222.

### **CAREGIVER SUPPORT GROUP**

Are you feeling stressed or overwhelmed due to your role as a caregiver? Being able to talk to others who are experiencing similar challenges of caregiving can be beneficial in relieving some of the frustration and discouragement that often comes with the added responsibility of caring for a loved one.

*Facilitated by experienced staff, our monthly support group offers a safe space where caregivers can:*

- Exchange experiences & ideas for reducing caregiver stress
- Learn about helpful community resources
- Enjoy emotional support from other caregivers

*Our support group meets the 2nd Wednesday of every month 11am – 12pm.  
Call Diane McFadden for more information at 847.991.1112, x226*

### **SAMPLE OF ADULT DAY ACTIVITIES:**

- Pet & Music Therapy
- This Day in History
- Brain Teasers
- Chair Exercise
- Billiards
- Arts and Crafts
- Drum Circles
- Geographical/map games
- Word Games
- Multicultural activities





## Our Social Service Department can assist with:

- Applications for senior entitlement programs
- Referrals to community agencies & service & housing providers
- SHIP (Senior Health Insurance Program)
- MMAI (Medicare & Medicaid Alignment Initiative)
- Prescription Drug Insurance Counseling
- Benefits Access applications
- Energy Assistance
- Supportive Counseling
- Adult Day Services
- Caregiver Resources & Support

### **"Medicare Basics and You" Presentation at the Palatine Library**

Join us via Zoom to learn more about "Medicare Basics" presented by Nancy Frenk, Director of Social Services. Come gather information about all the parts of Medicare on Tuesday, February 27, 2024 from 7:00pm—8:30pm. Register with the Palatine Public Library at <https://www.palatinelibrary.org> or call 847-907-3600.

### **LIHEAP (Low Income Home Energy Assistance Program)**



We are accepting applications for the LIHEAP Program this fall. This program assists with gas and electric costs. LIHEAP will provide a one-time benefit to eligible households to be used for energy bills. The amount of payment is determined by income, household size, fuel type, and geographic locations. You will need to provide proof of income for all the household members, as well as your most current gas and electric bills and social security cards if you are a first-time applicant.

The program will continue thru August or until funds are depleted.

1 person household income limit \$2430.00/month    2 person household income limit \$3287.00/month

### **New to Medicare? We can help.**



Our Social Services staff and SHIP volunteers are knowledgeable and helpful when it comes to all of your Medicare questions. We can assist you with enrollment, supplements, Part D, Advantage Plan questions, Prescription drug assistance, Medicare Savings Programs, Medicare & Medicaid Alignment Initiative & more. This service is available to people of all ages with Medicare. We are not affiliated with any insurance companies, we do not sell or solicit any type of insurance, and are trained by the Illinois Department on Aging. This service is offered **FREE** to people with Medicare and their caregivers.

### **Supplement Nutrition Assistance Program (SNAP)**

#### **Do you qualify for assistance that pays for groceries?**



The SNAP program provides a monthly benefit that can be used to supplement your food budget. This benefit can allow you to have more money to use towards medical, housing, or prescription costs. Our Social Services staff can assist you with the application for this program through the Department of Human Services.

For those 60 and older or who are disabled, the income guidelines are:

\$2265.00/month for a single person    \$3052.00/month for a 2 person household

### **Benefits Access Program Application Assistance**

This program provides a license plate sticker discount as well as a Senior Ride Free Pass for Pace and Metra to those that qualify. The annual income eligibility guidelines for this program are:

1 person household - \$33,562 / 2 person household - \$44,533

This program provides benefits for 2 years and approval can take up to 12 weeks.

Your sticker will cost only **\$10**. You will need 2022 tax returns.



**Call Social Services to set up an appointment to apply for any of the above programs. 847-991-1112**





## SOCIAL SERVICES, Latino



Adrianna Daniel  
Latino Social  
Services  
Representative

### Tercera Edad De Palatine

#### Se provee información y asistencia sobre los siguientes programas:

- Medicare
- Medicaid
- SNAP (estampillas de comida)
- MSP (Programas de ahorro de Medicaid)
- Extra Help (ayuda para medicamentos recetados)
- BAA (descuento para placas de carro y el pase para el transporte público)
- Por favor de hacer una cita para obtener más información sobre los programas al (847) 991-1112 ext. 223.

¡Acompáñanos a  
nuestros Miércoles  
Latino!

¡Los invitamos **TODOS**  
los miércoles de mes a  
participar en diferentes  
actividades!  
Actividades incluyen:  
Bingo  
Lotería  
Música  
Y mucho más!

¡Para más información,  
por favor comuníquese  
con Guiselle al  
(847) 991-1112 x227 o  
con Adrianna al  
(847) 991-1112 x223

### CEDA/LIHEAP

¡El programa para asistencia de la luz comienza el **1 de Octubre** y termina en Agosto del 2024.

\*Se necesita a hacer cita para llenar la solicitud por favor de comuníquese al (847) 991-1112 x223.

## SOCIAL SERVICES, Eastern European



Sasha Baru

Eastern  
European  
Social Services  
Representative

ИНФОРМАЦИЯ ДЛЯ НАШИХ КЛИЕНТОВ !

МЫ ГОВОРИМ НА ВАШЕМ ЯЗЫКЕ- РУССКИЙ, УКРАИНСКИЙ,  
ПОНИМАЕМ ПОЛЬСКИЙ.

В НАШЕМ ЦЕНТРЕ ПРЕДОСТАВЛЯЮТСЯ ПОМОЩЬ В ПОЛУЧЕНИИ  
ИНФОРМАЦИИ

О СОЦИАЛЬНЫХ И ДРУГИХ ПРОГРАММАХ ДЛЯ ПОЖИЛЫХ, В  
ОФОРМЛЕНИИ ПОМОЩИ НА ЭЛЕКТРИЧЕСТВО, МЕДИКАР, А ТАКЖЕ  
ПОМОЩЬ В ПОИСКАХ СУБСИДИРОВАННОГО ЖИЛЬЯ.

ПОЖАЛУЙСТА ЗВОНИТЕ САШЕ ЧТОБЫ ЗАПИСАТЬСЯ НА ПРИЕМ  
847-991-1112 X 225





# THANK YOU TO OUR CORPORATE MEMBERS

## PLATINUM



800 W Central Rd.  
Arlington Heights 60005  
847-618-1000  
www.nch.org

## GOLD



555 McHenry Rd,  
Wheeling, IL 60090  
847-808-4421  
www.franciscanministries.org

## SILVER



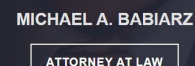
800 E NW Hwy, Suite 609, Palatine  
847-877-4949  
www.ahomecareservice.com



1940 Nerge Rd, Elk Grove Village  
847-534-8815  
www.arden-courts.org/ElkGrove



795 N Rand Rd, Lake Zurich  
847-438-6100  
www.pathwaysl.com



1000 W. Lake St, Addison  
847-525-9130  
www.babiarzlaw.com



134 W Slade St, Suite 1, Palatine  
847-358-8600  
www.brandtfinancial.com



1515 N Barrington Rd, Hoff. Ests.  
847-490-5000  
www.emeritus.com



1250W Central Rd, Arlington Hts.  
847-506-3200  
www.fivestarseniorliving.com



1627 Colonial Parkway, Palatine  
847-221-5300  
www.palatine-461.comfortkeepers.com



700 E. Euclid Ave., Prospect Hts  
847-797-2700  
www.dimensionsliving.com



Brian S Terwilliger  
Financial Advisor

2800 W Higgins, Ste 850, Hoff. Est.  
847-519-1327  
www.edwardjones.com



350 W Schaumburg, Rd, Schmbg  
847-839-3648  
www.friendshipvillage.org



1000 Garlands Ln., Barrington  
847-612-4830  
www.thegarlands.com



920 E. Northwest Hwy, Palatine  
847-530-6140  
www.grandtwinlakes.com



1101 Perimeter Dr. Suite 260, Schmbg  
224-258-0471  
www.hwcg.com/Schaumburg



1933 N Meacham Rd, Schmbg  
847-705-9960  
www.lavellelaw.com



2223 W Algonquin Rd, RM  
708-883-4975  
www.oakstreethealth.com



4225 Kirchoff Rd, Rolling Mdws  
847-37-2400  
www.pearlhcm.com



2801 W Algonquin Rd. Rolg Mdws  
847-670-8080  
www.plumcreekseiors.com



55 S. Greenly, Palatine  
847-991-4700  
www.solsticeseniorlivingpalatine.com



228 Florence St, Crystal Lake  
815-479-0312  
www.visitingangels.com

**PTSCC receives allocations through grant writing proposals to the following agencies:**

Age Options

Palatine Township

Palatine Park District

Village of Palatine



**THANK YOU for participating in our GIVING TUESDAY campaign!**

## GIVING TUESDAY

*There's still time!*

November 28th—December 13th

Giving Tuesday was started 10 years ago, and has become a recognizable day of giving. It follows the well-known Black Friday, Small Business Saturday, and Cyber Monday.

This year, Giving Tuesday was Tuesday, November 28th, and was our 3rd year to participate in this campaign, which we will continue through Wednesday, December 13th.

As of December 1st, we have raised just over \$5000. Thank you to those who have contributed! There's still time to help us reach our goal of \$7000.

**THANK YOU!**



*THANK YOU*

*for a fun and successful*

*Winter Wonderland December 12 & 13*



*We hope you enjoyed the:*

- ♦ Cookie Walk
- ♦ Gift Baskets
- ♦ Crafts
- ♦ Handmade Quilts
- ♦ Home Businesses
- ♦ PTSCC Gift Shop
- ♦ More!



To our bakers, crafters, and volunteers: we couldn't have done this without you!! Thank you for all your time and hard work!

### **Charitable gift -**

Have you ever been somewhere & enjoyed time with friends & family and were excited about the experience? Well we hope that is the question & thought you have when you come to PTSCC for any of the services, events & activities that take place. It is because someone has decided to give to PTSCC & pay it forward to others. The holidays are a time of giving and paying forward to help others enjoy the treasures you have in your life. So please consider donating to PTSCC so we can expand our programs & resources. General donations can go to assist PTSCC - building projects, Home Delivered Meals Program, creating new programs & purchasing supplies, and supporting the Social Service programs that can help you secure benefits & assistance. You can also donate to the endowment fund. This contribution will help build the endowment base to secure investments for the future of PTSCC. We appreciate your support and look forward to the future. For questions about how to financially contribute, please contact Diane Lancour at 847.991.1112 x235 or [dlancour@ptsc.org](mailto:dlancour@ptsc.org). Thank you for your consideration and support.

During this time of membership renewal we want to say thank you for your additional donations. As Martin Luther King Jr. said, "Life's persistent and most urgent question is, 'What are you doing for each other?'". We see your extra donation as a positive reflection of how well we are supporting your needs. We are grateful to be here for you & thank you for your thoughtfulness.





## 2 Amazing White Sox Raffles!

### RAFFLE #1

#### Guaranteed Rate Club Tickets for 2

Includes: (2) tickets to a to-be-determined game in April 2024  
(Game date selected at the sole discretion of the ISFA),  
Premium buffet in private lounge with all beverages included,  
Private access to best set locations in the park with in-seat wait service.  
Value \$500

\$10 per chance or (3) for \$25.

Purchase online [www.ptsc.org](http://www.ptsc.org) or in person at the Center.

Winner pulled at the February Luncheon, February 12th.

*Tell your friends and family!*



### RAFFLE #2

Beautiful handmade  
White Sox 85" x 51" quilt  
and a bottle of  
Lynfred Red Wine.  
Value \$125

\$4 per chance or (3) for \$10  
Purchase online  
[www.ptsc.org](http://www.ptsc.org) or in person  
at the Center.

Winner pulled at the February Luncheon, February 12th.

## SAVE THE DATE!! FRIDAY, APRIL 19, 2024



### DUELING PIANOS and DINNER



Friday, April 19, 2024 \* 6:00pm - 9:00pm \* Chandler's Banquets, Schaumburg  
\$85 per person, tickets will go on sale March 1

Peter Miletic will be taking a break from one of his typical venues, the Red Head Piano Bar in Chicago, to play for our event, along with a fellow pianist & entertainer!

*An evening of dinner, drinks, music, silent auctions, and FUN!*



### Mah Jongg Tournament

Mark your calendars!!

Friday, August 23, 2024

Details to come



### Back by Popular Demand! GIRLS' NIGHT OUT!!

Raffles \* Food \* Drink \* and more  
Different look, same great concept!  
Date in the Fall and Details to come





## REMINDERS

### Need a ride to PTSCC?

Contact the Palatine Township Transportation at 847-358-6907.

### Would you like to volunteer?

We can find a great fit for you within the center!

### Don't miss out!

Please provide us your email if you haven't already! Receive up-to-date information and dates!

### 1/2 Year Memberships available!

Purchase now and take advantage of all the member benefits!

### Wish List:

- Large Baskets and Wired Ribbon
- Flatbed Hand cart
- Power Tools (contact Russ)
- 36" x 42" flat screen TV with an HDMI outlet

## GIFT SHOP

Come visit us in our space in the lower level outside of the Multipurpose Room!

**We are accepting donations of new and gently used items!**

- ♦ Household décor such as frames, small dishes, glassware
- ♦ Women's accessories such as purses, wallets, jewelry
- ♦ Seasonal items

**If we're not open when you're here, please come find Kate or Diane to open the gift shop for you, we'd love for you to check out all the great treasures!**

*We are looking for a volunteer to open the gift shop 1/2 hour before Bingo on Thursdays, 11:30am—12:00pm. Please let Kate or Diane know. Thank you!*



## THANK YOU JENNA!



*Thank you Jenna!!*



We would like to thank Jenna for being an integral part of the Gift Shop for nearly 20 years. She is a retail saleslady through and through, and we appreciate the knowledge she has brought to the Gift Shop over the years. Her passion for the shop has been shared here since the beginning days at our location here in the Gift Shop store upstairs, to the times she sold from the cart on wheels during Covid, and then to the "nitch" outside of the Multipurpose Room downstairs. She and her daughter Patty have created countless quilted pieces for years—from wallhangings, baby quilts, and tablerunners, to hot pads, baby burp cloths, and bowl cozies. Their talents have brought us beautiful things and her generous heart has brought us many donations and most importantly her time. We'll still see her smiling face around the center, however, she is "retiring" from the Gift Shop at the end of the year.





## PTSCC STAFF

**Diane Lancour** - Executive Director x235  
**Amy Hoffman** - Business Manager x244  
**Kate Johnson** - Development Associate x234  
**Nancy Klintworth** - Administrative Assistant x221  
**Nancy Frenk** - Director of Social Services x222  
**Peg Schuetz** - Social Service Representative x230  
**Diane McFadden** - Adult Day Coordinator x226  
**Sasha Baru** - Eastern-European Liaison x225  
**Adrianna Daniel** - Latino Liaison x223  
**Bonnie Sargent** - Social Services Representative x 224  
**Guiselle Vega** - Café Site Mgr & Program Asst. X227  
**Muriel Freitas** - Food Service Aide x241  
**Karen Halla** - Food Service Aide & Prgm Asst. X241  
**Russ Freitas** - Facility Coordinator x243  
**Lionel Bilezikian** - Facility Assistant x243  
**Barb Vitner** - Trip Coordinator x233  
**Lauren Milani** - Event & Programming Asst. x233



## PTSCC BOARD OF DIRECTORS & BOARD

**Donelda Danz** - Board Chair, Palatine Park District  
**Larry Sophian** - Treasurer, Retired Accountant  
**Leslee Schafer** - Vice Chair, Harbor House Memory Care  
**Jean Hodal** - Secretary, Community Volunteer  
**Frank De Rosa** - Community Volunteer  
**Ann Gould** - Community Volunteer  
**Bob Haas** - Inverness Police Department  
**Mandy Klezek** - Community Volunteer  
**Jackie Luthringshausen** - Lavelle Law, Ltd.  
**Gail Niksic** - Elderwerks Education Services  
**Marla Shapiro-Gillen** - BMO Bank and Trust  
**Bob Szyszka** - Community Volunteer  
**Gayle Young** - Northwest Community Healthcare, North Shore

Members are encouraged to mail, email, or drop off any comments or suggestions for the Board prior to the meeting:

**Tuesday, January 16 5:15pm Zoom**  
**Tuesday, February 27 5:15pm Zoom**  
**Tuesday, March 19 5:15pm Zoom**  
**Tuesday, April 23 12:00pm In Person**  
**At the Annual Meeting**

*Board Meetings are subject to change.*

*Please call the Main Office at 847-991-1112 to confirm days & times and receive the Zoom link.*



**Palatine Township  
Senior Citizens  
Council**

**505 S Quentin Rd.  
Palatine, IL 60067**

Non-Profit Org.  
U.S. Postage  
PAID  
Palatine, IL 60095  
Permit No. 2808



847-991-1112

CURRENT RESIDENT



www.ptsc.org

TO:



info@ptsc.org



@palatinetwpsrctr

Accredited by  
National Institute of  
Senior Centers



If the weather is questionable, please  
call the Main Office to be sure your  
activity and/or the center is still open  
and operational.

Thank you!

**We will be closed:**

Monday, December 25  
Tuesday, December 26  
Monday, January 1  
Monday, January 15  
Friday, March 29

## VOLUNTEERS NEEDED!



**We are currently seeking  
several volunteers for  
different positions.  
Thank you for your  
consideration!**

**Call the Main Office for  
more details:  
847-991-1112 x224**

**HOME DELIVERED MEALS DRIVERS—Deliver nutritious hot mid-day meals to  
the homebound older adults; 1-3 mornings a week approximately 2 hours**

**OFFICE—Answer phones, light clerical duties; 1 morning a week, 3-4 hour shift**

**GIFT SHOP—Volunteer in our gift shop: 1 morning a week, 1 hour shift**

**BOARD OF DIRECTORS—Provide needed expertise to govern PTSCC and  
assist with fundraising: 1 monthly meeting, approximately 2 hours a month**

**LEAD VOLUNTEERS FOR ACTIVITIES—Lead regularly scheduled activities.**